



Keeping safe at Woburn Lower School

At Woburn Lower School we believe that everybody needs to feel safe so that they can feel happy and be able to do their best.

Things that might make you feel unsafe are:

- Being hurt or upset by an adult or another child
- Being touched in a way that you do not like or in a place that you do not want to be touched
- Not being looked after by people at home or school
- Seeing other people being hurt or upset
- Seeing something on the computer/i-pad/phone you don't like or someone sending you a message that you don't like

If you feel unsafe it is never your fault.

You can:

- Talk to any of the adults in school. We are here to help you.
- Ring childline 0808 800 5000
- Ring NSPCC 0808 800 5000

You should always tell someone if you are worried, even if someone else tells you not to.